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Lake Garda's Best Beaches

Where to swim like a local

The definitive Lake Garda guide — with AI Trip Designer at instagarda.net

Turquoise water, white pebbles and olive trees down to the shore: Lake Garda hides beaches that rival the sea. Here are the finest, with tips to enjoy them without the crowds. Golden summer rule: arrive before 10 am or after 5 pm.

The beaches

1

Jamaica Beach

Sirmione · free

Smooth white rock slabs at the foot of the Grotte di Catullo, Caribbean-like water. The most photographed beach on the lake.

Local tip: Arrive very early: by 9:30 am in summer it is already full.

2

Baia delle Sirene

Punta San Vigilio, Garda · paid entry

A postcard bay beneath a park of centuries-old olive trees. Entry is charged in season, but the water and setting are worth it.

Local tip: After 5 pm entry costs half and the light is perfect.

3

Spiaggia dei Pini

Brenzone · free

A long free pebble beach backed by pine woods, with crystal-clear water and views of the opposite shore. Perfect for families.

4

Spiaggia Romantica

Manerba del Garda · free

Below the Rocca di Manerba, inside the nature reserve: pale pebbles, clear water and the silhouette of San Biagio island ahead.

Local tip: At low water you can wade to the island from Punta del Pisenze.

5

Val di Sogno

Malcesine · free

A tiny postcard bay south of Malcesine, with its namesake islet in front and Monte Baldo behind.

6

Sabbioni Beach

Riva del Garda · free

The big beach of the northern lake: fine gravel, well equipped, framed by Monte Brione's cliffs with windsurfers on the horizon. Cooler water, alpine feel.

7

Punta Grò

Sirmione · free

The locals' alternative to Jamaica Beach: wide, with lawns and pebbles, at the base of the peninsula. Far quieter, with exceptional sunsets.

8

Baia del Vento

San Felice del Benaco · free

White pebbles and transparent water facing Isola del Garda. The name says it: the afternoon breeze always cools this spot.

Local tip: Bring water shoes: the entry into the water is stony.

Your journey starts here

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